



Citrus County Schools

Food & Nutrition Services

FACTS

FNS is a **Self-Supporting Department**.

No General Fund dollars are used to support FNS.

FNS is Federally Funded by the [United States Department of Agriculture \(USDA\)](#).

Minimal State Funding is received.

NO local tax dollars are used to support FNS.

All other revenue comes from meal and a la carte sales.

A la Carte food and beverage items meet the new **Smart Snack guidelines**. Please refer to USDA's "Smart Snacks in Schools" flyer available at www.fns.usda.gov

Did you Know ?

Approximately 8,600 lunches are served a day.

Menus are continuously restructured to meet Federal nutrition standards and student preferences.

Different cycle menus are used for different school levels.

ALL food items are student tested and evaluated for acceptance BEFORE ever being served to students.

Fresh Vegetables are served EVERY day.

Vegetarian items are served EVERY day.

An interactive website <http://Citrus.nutrislice.com> allows consumers to view menus, and obtain information such as carbohydrate counts and allergens in foods.

Citrus County Schools is a member district of the P.O.W.E.R. Buying group (a buying co-op) that utilizes their purchase power to receive the best pricing for food, beverages, and supplies.

[The Healthy, Hunger-free Kids Act of 2010 \(HHKA\)](#) established new guidelines for meals served to students through the federally funded [National School Lunch Program \(NSLP\)](#) and the [School Breakfast Program \(SBP\)](#).

Increased requirements for Whole Grains, Fruits, and Vegetables served at both meals
Established a Minimum AND a Maximum calorie level by age

Reduced Sodium Aligns the Meal Patterns and Nutrition standards for the NSLP and SBP to the [Dietary Guidelines for Americans](#)



Crispy Chicken Sandwich



Italian Super Salad



Turkey Super Salad



Yogurt Parfait Plate