



Employee Health & Wellness Center

Call Center: 1-888-644-1448

www.my-patientportal.com

My Health Onsite delivers advanced **personalized** healthcare solutions to employees through a variety of complimentary services which help lower your cost and improve your health at the Wellness Centers.

- No long waits in the waiting room. *Generally, you are in and out in less than 30 minutes!!*
- No co-pays **OR** deductibles!
- Spouses and dependents are included if covered under your CCSB Group Health Insurance Plan.
- *Selected* Generic medication are dispensed at no charge.
- *Telehealth & Face-to-Face* appointments available.

Personalized Health Assessment – Vital Health Profile (VHP):

Complimentary personalized health assessment, previously known as *Health Risk Assessment*, which includes biometric screening and laboratory studies. The VHP gives patients an opportunity to review their results with our medical provider and receive a complete physical.

- Provides early indicators and suggestions for expensive conditions.
 - Physician is available to explain conditions and treatments.
 - Your HRA and lab work results are often available online.

Lab Draws

Outside lab orders CAN BE filled by My Health Onsite; **Approval & Verification Required.**

Other Services

- Nutritional Counseling
- Hypertension Management
- Pre-Diabetes Management
- Digital X-Ray (BH Location)
- Asthma/COPD
- Well-woman & Preventative Care
- Cold/Flu, Allergy
- Cardiovascular Risk Reduction
- Annual Wellness Visits
- Immunizations
- Lab Draws
- Pharmacy Onsite/Mail-Order

My Health Onsite – Beverly Hills

4065 N. Lecanto Hwy, Beverly Hills, FL.

HOURS OF OPERATION

Monday-Friday: 7:00am-6:00pm

Saturday: 9:00am-1:00pm

BOTH OFFICES CLOSED FOR LUNCH: 12:00PM-1:00PM

Lab Services Only

(VHP, blood draws, drug tests, etc.)

Mon, Tues, Wed, Fri: 7:00am-11:00am

Thursday: 6:00am-11:00am

My Health Onsite – Inverness

216-C South Apopka Ave, Inverness, FL.

HOURS OF OPERATION

Monday-Friday: 7:00am-6:00pm

Lab Services Only

(VHP, blood draws, drug tests, etc.)

Mon, Tues, Wed, Fri: 7:00am-11:00am

Thursday: 6:00am-10:00am

Beverly Hills Providers

Tiffany Van Arsdale, ARNP Lorraine Pelletier, PA-C
Nolan Toth, DO

Inverness Providers

Mary Halleck, PA