



Food & Nutrition Services

FACTS

- ◇ Food and Nutrition Services (FNS) is Self-Supporting
- ◇ NO General Fund dollars are used to support FNS
- ◇ FNS is Federally Funded by the USDA
- ◇ Minimal State Funding is received
- ◇ NO local tax dollars are used to support FNS
- ◇ All other revenue comes from meal and ala carte sales
- ◇ Ala Carte food and beverage items must meet the *Smart Snack Guidelines*

* Information regarding "Smart Snacks in Schools" is located at www.fns.usda.gov



Did You Know?

- ◇ ALL Citrus County Public School students are able to receive FREE Breakfast and FREE Lunch daily
- ◇ Approximately 10,000 student lunches and 5,000 student breakfasts are served daily
- ◇ Menus are continuously restructured to meet Federal Nutrition Standards and Student Preferences
- ◇ Cycle Menus vary for different student grade levels
- ◇ ALL food items are student tested and evaluated for acceptance BEFORE being placed on our menus
- ◇ Fresh Vegetables and Fruits are served daily
- ◇ An interactive website <http://citrus.nutrislice.com> allows our customers to view menus for nutrient content, food allergens and carbohydrate counts



Crispy Chicken Sandwich



The Healthy, Hunger-free Kids Act of 2010 established new guidelines for meals served to students through the federally funded National School Lunch Program (NSLP) and the School Breakfast Program (SBP)

Increased requirements for Whole Grains, Fruits, and Vegetables served at both meals established a Minimum AND a Maximum calorie level by age

Reduced Sodium requirements align the Meal Patterns and Nutrition Standards for the NSLP and SBP to the Dietary Guidelines for Americans



Kickin Chicken Salad



Strawberry Yogurt Parfait



Tasty Lasagna Roll-ups