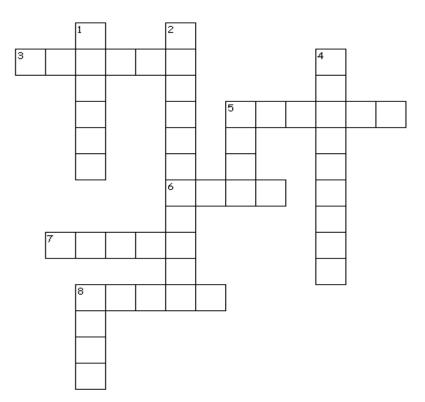


Florida School Breakfast Crossword

Complete the crossword and see how important a healthy breakfast can be!



Across	Down
3. Have a glass of this juice every morning to get your Vitamin C!	1. Peel one of these for a quick breakfast on the go!
5. A quick way to get your morning serving of grain is with this ready-to-eat item. (Bowl, spoon and milk is optional.)	 A nutrient-rich breakfast improves both academic and athletic
6. Adding fruit to this creamy breakfast favorite will help you get the calcium you need	4. It is the most important meal of the day.
7. Eating breakfast improves function. (Think, think, think.)	5. At home or school, breakfast is!
8. How you may feel if you don't eat a good breakfast.	8. Make for breakfast every morning.