



Food and Nutrition Services

HHFKA of 2010

The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) established new guidelines for meals served to children through the federally funded National School Lunch Program (NSLP)/School Breakfast Program (SBP)

- **Increased** requirement for **Whole Grains**
- Increased requirement for **Fruits & Vegetables** served at both Breakfast and Lunch. Vegetables served must be meet the various categories such as **red/orange, dark green, beans/peas, starchy**
- Established **Minimum** and **Maximum** Calorie Levels by Age Groups
- Reduced Sodium Levels
- **Aligns** the **Meal Patterns** and **Nutrition Standards** for the National School Lunch Program and School Breakfast Program to the **Dietary Guidelines for Americans**